


OCTOBER 2017 LUNCH MENU
All meals served with low fat milk

Mon	Tue	Wed	Thu	Fri
2 Tony's cheese pizza or Tony's sausage pizza Green beans Carrots & dip Fruit variety Cookie	3 Chicken nuggets or PB&J & string cheese Potato smiles Steamed broccoli & cheese Fruit variety Mini chortles	4 Hot dog on bun or Rib-b-q on bun Bake beans Curly fries Fruit variety Sidekick slushie	5 Chicken Alfredo & roll or Yogurt, granola & muffin Mashed potatoes Fresh veggies & dip Fruit variety	6 Pizza bosco or Chili fiesta stick Baked chips Celery & Peanut butter Lettuce Fruit variety
9 Fall Break	10 Fall Break	11 Fall Break	12 Fall Break	13 Fall Break
16 Chicken noodle soup or PB&J & string cheese Goldfish crackers Pickle spears Corn Fruit crisp	17 Chicken patty on bun or Spicy chicken patty Tater tots Broccoli & dip Fruit variety	18 Mini corndogs or Turkey wrap Green beans Cherry tomatoes Fruit variety Ice cream	19 Crispy chicken drumstick & Biscuit or Country fried steak & biscuit Mashed potatoes Steamed carrots Fruit variety	20 Nachos & cheese or Pizza variety Refried beans Cauliflower & dip Fruit variety Cookie
23 Breaded mozzarella sticks & marinara or Ham sandwich Carrots & dip or Green beans Fruit variety Scooby Doo graham sticks	24 Boneless chicken wings & roll or PB&J, string cheese & cheez its Curly fries Cherry tomatoes Fruit variety	25 Big Daddy's cheese pizza or Corn dog Corn Cucumbers & dip Fruit variety Sherbet	26 Chicken tenders & bosco or Chef salad & bosco Bake beans Cauliflower & dip Fruit variety	27 Pancakes & sausage patty or Yogurt, granola & muffin Tri tater Fresh veggies & dip Fruit variety
30 Texas straw hat or Turkey sandwich & baked chips Refried beans Lettuce Fruit variety Fruit snacks	31 Chicken bowl & biscuit or PB&J & string cheese Mashed potatoes Corn Fruit variety			

OCTOBER 2017 BREAKFAST MENU

All meals served with low fat milk

Mon	Tue	Wed	Thu	Fri
2 Granola bar or Cereal bar Or Cereal Yogurt Fruit Juice	3 Muffin Or Cereal Smokie Fruit Juice	4 Yeast donut Or Cereal String cheese Fruit Juice	5 Pancake sausage on a stick & syrup Or Cereal Sausage patty Fruit	6 Mini waffles & syrup Or Cereal Smokie Fruit Juice
9 Fall Break	10 Fall Break	11 Fall Break	12 Fall Break	13 Fall Break
16 Pop tart Or Cereal Egg patty Fruit Juice	17 Breakfast pizza Or Cereal Smokie Fruit Juice	18 Mini donuts Or Cereal String cheese Fruit Juice	19 Mini chocolate chip french toast & syrup Or Cereal Sausage patty Fruit	20 Variety Or Cereal Smokie Fruit Juice
23 Granola bar or Cereal bar Or Cereal Yogurt Fruit Juice	24 Mini pancakes & syrup Or Cereal Sausage patty Fruit Juice	25 Muffin Or Cereal Smokie Fruit Juice	26 Pancake sausage on a stick & syrup Or Cereal Cheese cubes Fruit	27 Honey bun Or Cereal Egg omelet Fruit Juice
30 Pop tart Or Cereal Egg patty Fruit Juice	31 Cinni mini Or Cereal Sausage patty Fruit Juice		